



## Free Help for Local Food in Schools

The WA Sustainable Food & Farming Network is excited to announce the hiring of three regional coordinators for the *Fresh Food in Schools* Project.

If you are a school district, farm or parent/community group interested in starting or supporting a farm to school program in your area, we can help. Our coordinators will provide hands-on assistance to help increase your school district's purchases of Washington grown fruits and vegetables. Twenty school districts across the state will be chosen to participate. **If you are interested in this program please email or call the coordinator in your area by Friday, April 1, 2011.** We are here to help!

- For Western WA contact Rita Ordóñez at 360-336-0932 or [rordonez@wsffn.org](mailto:rordonez@wsffn.org)
- For Central WA contact Joan Qazi at 509-664-6691 or [jqazi@wsffn.org](mailto:jqazi@wsffn.org)
- For Eastern WA contact Jennifer Hall at 509-993-1189 or [jhall@wsffn.org](mailto:jhall@wsffn.org)

### **Is Fresh Food in Schools a program for you?**

- Are you a **farmer** who wants to sell to schools, but have questions about how to do it? We can help connect your farm with schools that are interested in making local purchases. We can also provide resources regarding processing, quality and health standards, and maintenance of Good

**Interested in more Washington-grown fruits & vegetables in your school? CONTACT OUR FRESH FOOD IN SCHOOLS COORDINATORS by April 1st!**

Western WA: Rita Ordóñez  
[rordonez@wsffn.org](mailto:rordonez@wsffn.org) 360-336-0932

Central WA: Joan Qazi  
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Agricultural Practices. We can help you learn what schools want and what makes ordering convenient for them.

- Are you a **school district** that wants to buy from local farms but don't have time to do the research? We can help you make contact with local suppliers, find out what produce is available seasonally, and know what to ask your distributors and local farmers. We can help you find creative ways to process fresh produce while maintaining health and quality standards. Our goal is to assist you to create a program that stays within your budget.
- Are you a **PTA or community member** looking for ways to support an existing program or find the resources to start getting locally grown fruits & vegetables into your school cafeteria? We can make presentations and provide educational materials about organizing farm to school programs, and suggest resources on agriculture/nutrition curricula.

### ***Fresh Food in Schools*** **Coordinators can:**

- Provide support for schools to increase access to healthy food;
- Help farmers develop direct sales to schools;
- Support community members who want school districts to purchase Washington Grown fruits and vegetables;
- Present to PTAs or community groups interested in farm to school programs;
- Identify helpful training opportunities and informational resources
- Facilitate meetings between farmers and food service personnel to plan local sourcing; this might include tours of kitchen facilities and/or farms;
- Identify the benefits and challenges of purchasing and serving produce year round.

**WE LOOK FORWARD TO HEARING  
FROM YOU!**

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### ***Fresh Food in Schools*** **works in collaboration** **with its partners:**

- **WSDA Farm to School**
- **Office of Superintendent of Public Instruction**
- **Lutheran Public Policy Office of Washington**
- **Wa State Parent Teacher Association**
- **PCC Natural Markets**
- **Child Obesity Prevention Coalition**

Visit our Website for  
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[wsffn.org](http://wsffn.org)

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